



SCB Basketball Coaching Clinic

Sunday, October 22, 2023

- I. Introductions
- II. What makes a good coach?
- III. Coaching Philosophies
 - A. SCB Basketball from [website](#)
 - B. Development and Winning
- IV. Expectations and Communication
 - A. Players, Parents, Opponents
- V. Learn the Game
 - A. Rules/Rulebook
 - National Federation of State High Schools Associations [NFHS](#)
 - B. Ask questions
- VI. Designing a Practice
 - A. [Practice Plan Template](#)
 - B. Keep a ball in as many players hands as possible
 - C. Low/Mid/High Intensity
 - D. Defense/Offense/Other (Rebounding, Transition, Movement, Heart, Hustle)
- VII. Thoughts on Accountability
 - A. The tone and language we use
 - B. Diocesan Expectation - [Code of Conduct](#)
 - Last 2 bullet points - 'not use discipline to frighten or humiliate children' and 'not use profanity in the presence of children'Where to focus your efforts
- VIII. Drills
 - A. [Everyday Hands](#)
 - B. YouTube
 1. Championship Production
 2. Create a personal Playlist
- IX. Xs and Os and Q & A